

### **PLEASE CITE WORK AS:**

Message Banking™, Voice Banking and Legacy Messages™
John M. Costello
Boston Children's Hospital
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# **DEFINITIONS:**

**Voice Banking** is a process of recording a large inventory of your speech that is then used to create a synthetic voice that approximates your natural voice.

Done successfully, this would allow one to spell and create unique messages and then speak them through a synthesizer that approximates one's natural speech. The science behind this process continues to be in development with beta-versions of available software. The ModelTalker is one such project from the University of Delaware Speech Research Lab. The website is: www.asel.udel.edu/speech/ModelTalker.html

# Message Banking™ with your own

**Voice** digitally record and store words, phrases, sentences, personally meaningful sounds and/or stories using your natural voice, inflection and intonation.



These messages are catalogued as .wav files and may then be linked to messages in a variety of augmentative communication technologies or sound storage files. This will allow you to 'retrieve' a message and speak it in your own voice but does not allow you to create novel messages by spelling. If you have recorded individual words, you may combine those words to create unique messages, although the output will sound more staccato than your natural speaking.

Message Banking™ by proxy is the election of a proxy voice to do all recordings because issues of fatigue, pain or intelligibility may make it difficult for an individual to bank all messages. In this case, the patient may still bank 'legacy messages' but the majority will be banked by proxy.

# **TERMINOLOGY:**

**Legacy Messages** ™ are those messages, often delivered with unique intonation and prosody that are unique or particular to you. They are your 'isms'. It may be a 'trademark' message you say or it may be a trademark *delivery* of a message that many people say. A legacy message does not need to be meaningful to the general population instead it may have unique and personal meaning to only you and a loved one. Further, a legacy message does not need to be real words to be meaningful.



It may be the way you clear your throat in a sarcastic manner to communicate "I told you so" or it might be the invented pet name you have for a loved one delivered with your unique voice, intonation and prosody. Similarly, legacy message may be that stereotypical thing you say after your favorite sports team scores or it may be a unique greeting you deliver to friends. Those close to you may be helpful with identifying these Legacy Messages because sometimes they are so naturally part of socially relating with others, you may not even be aware you are 'known' for them.

# Context or 'Relationship'

**Vocabulary:** are those words, phrases and full messages one uses to effectively participate in an interaction is a specific context such as 'how to help me transition to my wheelchair' or 'talking with my board of directors' or 'discussing my status with my therapist'. It is the predictable *script* in an interaction or a relationship.



# THE VOCABULARY:

The following vocabulary was message banked by people with ALS. People graciously permitted us to share their messages and we attempted to organize vocabulary by categories for ease of reference. This list is NOT intended to be a script from which others record. It is intended to give people ideas of messages that others thought were important.

#### **EXPRESSIONS**

#### **Idioms**

It's not my cup of tea
Just like a dream
Off the deep end
Once in a blue moon
Out of the clear blue
Practice makes perfect
That's the way the cookie crumbles
You missed the boat

#### **Social Requests**





Come talk with me

I want a hug.

I want a kiss.

I'm sorry but I have an appointment now.

Leave me alone

May I go with you?

Sit over here with me.

Would you like to go with me?

You'll have to go.

#### Humor

Is that your real name?

Sssss, I was trying to whistle!

That was the voice machine talking, not me!

That's easy for you to say!

Who programmed this voice machine?

#### **Expressions of feelings**

**Angry** 

**Better** 

Fed up

Frightened

**Frustrated** 

Good

Нарру

Lonely

Mad

OK

Overwhelmed

Sad

Sick

Tired

Worried

Worse

#### **Time of Day Based Expressions**

Did you have a good night's sleep?





Good morning

Good night, I hope you sleep well

Good night, I love you

Have a good day

How are you this morning?

How is your day going so far?

Id like a morning snack

I'd like to eat breakfast

I'd like to eat dinner

I'd like to eat lunch

I'd like to watch the evening news

It's time for bed

Pleasant dreams

What time is it?

When are they coming?

When are we leaving?

When do we start?

#### **Topic Continuations**

Alright

**Amazing** 

And then...

Good

I know it

I see

Isn't that wonderful?

Keep going

Oh yeah

Okay

Really

Right

Tell me more

That's good to know

That's great

That's interesting

Uh huh

Wow

Yeah





#### **Appointments**

I need a haircut

I would like to get a manicure/ pedicure

We need to have the computer guy fix our computer

I need an appointment to have my eyebrows waxed

I need an appointment with the dentist

I need to have my wheelchair fixed

I need to make an appointment for...

I need to see the doctor for ....

I would like to make a date with.....

#### **Equipment Related Phrases**

Can you make an adjustment

I can't get it to work

I don't know what happened to it

I'm having the same kind of problem

It doesn't work

It doesn't work properly

It just doesn't work

It works once in a while

Rewind the tape please

Turn it down a little bit please

Turn it off

#### **Physical State Phrases**

Can you help me move?

Careful, you are hurting me

Everything bothers me

I am tired

I don't feel like eating

I don't feel very well

I feel angry

I feel sad

I feel great

I feel terrible

I have a headache





I have an itch

I have an itch on my hand

I have an itch on my back

I have an itch on my foot

I need a massage

I need to move

I need to rest

I want to lay on my back

I want to lay on my right (left) side

I want to lay on my stomach

I would like to lay flat

I'm cold

I'm hot

I'm hungry

I'm okay

I'm thirsty

I'm uncomfortable

I'm wide awake

It is very uncomfortable when it cramps.

It's cramping

My feet are cold, can I have my slippers (socks, etc.)?

My head hurts

Not so good today

Please move the pillow under my neck

Please put a pillow between my knees

Please put a pillow under my arm

Please rub my neck

Please rub my shoulders

Please scratch higher (lower, right, left, harder, softer)

#### Ice Breaker(Conversation Opener) Phrases

By the way, .....

Can we talk?

Can you understand me okay?

Come, talk with me

Did you have a good weekend?

Did you know that.....?

Did you see.....?





Do you have a favorite sport?

Do you have any brothers or sisters?

Do you like your kind of work?

Don't be afraid to ask me questions.

Excuse me for interrupting

Hi, my name is ....

How are you today?

How have you been?

How long have you been doing that?

How nice to meet you

How old are you?

I can hear and understand everything you say

I can understand you. It just takes me longer to answer.

I have a speech problem, I use this machine to talk

I have ALS/Lou Gehrig's disease

I have ALS/Lou Gehrig's disease and I have trouble speaking

I have something to say about that

I really need to talk with you

I think that .....

I use this machine to communicate

I would like to .....

I'd like to talk to you about something

I'd rather .....

It takes me a little longer to answer, please be patient

It's nice to finally meet you

It's nice to meet you

It's nice to see you again

I've been meaning to tell you

I've been thinking about .....

I've heard so much about you

Nice to finally meet you

Please tell me if you don't understand what I am saying

Someday I want to ......

Tell me about .....

Tell me about yourself.

That's interesting, tell me more

We need to talk

What are you here for?





What do you think about ....?

What do you think of my artificial voice?

What grade are you in?

What have you been up to?

What kind of job do you have?

What's happening with you?

What's happening?

What's new?

What's your name?

Where are you going?

Where do you go to school?

Where do you live?

Where do you work?

#### **Phone Conversation Phrases**

Call me back when you can

Can you have (someone) call me back?

Can you please hold on for a moment, I have another call?

Do you understand me?

Give me a call in a few minutes

Give me a call tonight

Good to talk to you

Goodbye

How are you?

I enjoyed our phone call

I have a speech problem; I use a machine to talk. Please be patient

I use a machine to help me talk

I will call you soon

I will talk to you soon

I'd like to talk to ....

I'll let her/him know that you called

I'll look forward to talking to you soon

I'll try and call you

I'm going to call him (her, them)

I'm so happy you called

I'm sorry he/she is not here at the moment; may I ask who's calling?

I'll talk to you soon

Let's talk soon





May I take a message
Nice to talk to you
Talk to you later
Thanks for calling
The number I am trying to dial is ...
This is (give your name)

#### **Goodbye/Farewell Phrases**

Come back again soon Good bye

Good night

Great to see you again

Have a nice day

Have a safe flight

I enjoyed seeing you, thanks

I guess I better be going, great to see you

I have to get going

I hope to see you again

I'd like to see you again

I'll talk to you soon

I'm so glad I got to meet you

It was good of you to come today

It's been a pleasure meeting you

I've been meaning to call you

See you later

See you soon

So long!

Talk to you soon

Thank you for visiting with me

Thanks for stopping by

Thanks for visiting

When will you come back?

#### **Request for Assistance**

Can you answer the phone?
Can you help me, please?
Can you help me balance the account?





Can you help me make a deposit in the bank?

Can you help me reorder checks for my checking account?

Can you help me shave?

Can you help me take a shower?

Can you help me wash my face (hands)?

Can you help me with the computer?

Can you help me write a check?

Can you help to put the groceries away?

Can you help to clean up?

Can you keep me company for a while?

Can you make me something to eat?

Can you move me over there?

Can you please pick that up off the floor, I dropped it by accident?

Can you read me a book (magazine)?

Can you repeat what you just said?

Can you turn me over?

Can you turn on the computer?

Can you turn the TV on?

Can you wait and help me?

Can you wash my hair?

Hand me that, please

Help

Help me get dressed

Help me move this

Help me put on my pants

Help me put on my socks

Help me put this on

I need information about ...

I need some help with trying to figure out the best way to communicate with you

I need the bedpan

I need the urinal

I need to be wiped

I need to take my medicine

I need you to call my family

I need you to call the nurse

May I have something to drink (eat)?

Please bring that over here

Please brush my hair





Please brush my teeth

Please button my shirt (coat, blouse, jacket)

Please change the position of the bed (chair) up (down, right, left, back, forward)

Please come right back

Please help me get dressed

Please help me get ready

Please help me move over there

Please help me reach for the .....

Please open (close) the window

Please read to me

Please take me outside

Please tell me if you understand what I am saying

Please turn on (off) the heat (A/C)

Please turn on (off) the lights

Please turn on/off the radio (IPOD, DVD player, TV)

Please turn that on (off) for me

Please wait for me

This is an emergency!

Turn that on for me

Will you be able to help me with ....?

Will you stay and help me finish this?

Will you stay for a while?

Would you help me with my coat (shoes, pajamas, shirt, pants) please?

Would you make a phone call for me?

#### **Exclamations**

Are you crazy?

Are you kidding me?

Are you out of your mind?

Are you serious?

Can you believe that?

Don't be ridiculous

Excellent

For God's sake

Get a life

Get help now!

Get out of here

Give me a break





I can't believe it

No kidding

No Way

Oh my God

Perfect

Really?

That's amazing

That's beautiful

That's crazy

That's great

That's gross

That's just great

That's just perfect

That's really great

That's the last resort

That's wonderful

Unbelievable

Unfortunately

What were you thinking?

What?

#### **Encourage/Discourage Comments**

Absolutely not

Do you really think so?

How do you know?

How fabulous for you

I agree

I agree with that

I don't agree

I don't doubt that

I don't think so

I doubt that

I think I already said that

I think that is correct

I wish you wouldn't do that

I'd really like to talk about it

I'm not so sure

I'm sure that's right



No way, that's wrong

That's a possibility

That's correct for sure

That's really awful

That's right

That's true

Too funny!

Who said so?

Why didn't you ....

Wow, that's great

You are amazing

You could have helped out a little bit

You could have...

You missed the boat

You're kidding

You're right about that

You're wrong about that

You've done a great job

You've helped me so much

#### **Location Marker Phrases**

Do you know where...

I am going home

I don't have to go....

I don't know where it is

I go the opposite way

I had to go back

I may not go back

I am ready to go back

I want to go ....

I want to stay...

I'll meet you there

I'm going back

In my room

Is he gone?

Put that here (there)

Side by side





There's more over there

We are going....

Where is it?

Where should I go?

It's here

It's over there

I'm here

I'm in the bedroom (kitchen, living room, family room, bathroom, study)

#### **Conversation Modifiers/Repairs**

Ah, now I see

Can you please repeat that?

Can you wait a moment?

Could you speak up a little?

Do you understand me?

Do you understand what I mean?

Does anyone have any ideas?

Excuse me for interrupting

Excuse me, may I say something?

Huh?

I changed my mind

I didn't hear you

I don't get it

I don't understand

I don't understand what you are saying

I don't want to talk about it anymore

I get it

I have something to say about that

I need some help with trying to figure out the best way to communicate with you

I think that's correct

I'm going to start over

It's a touchy subject

I've been meaning to tell you

Just a minute, I'm not finished

Just a minute, let me think about that

Keep going, I need a break

Let me see that

Let's change the subject



Let's do it another time

Let's not go into that again

Let's see

Let's try that again

No way!

No, I meant something else

No, no, no

Please don't change the subject

Please let me finish

Please wait until I finish what I'm trying to say

Say that again, I missed that

That's not true

That's not what I meant

Wait, let me rephrase that

What did you say?

What do you mean?

Who are you talking about?

Would you mind spelling that for me?

You misunderstood me

You're right about that

You're wrong about that

#### **Interpersonal Comments**

Are you doing anything special tonight?

Did you have a good weekend?

Excuse me

Fine, how are you?

Good morning

Good to see you

Goodbye

Goodnight

Goodnight, sleep tight

Have a nice day

Have you been there?

Have you heard anything?

Hello

Hi

Hi Mom





Hi Dad

How are you doing?

How's it going?

I'm sorry

Just a minute

No, thanks

Oooops

Ouch!

Pardon me

Please

See you later

Tell me about your day

Tell me about your family

Thank you

Watch out

What do you think about that?

What's happening with you?

What's new?

What's up?

You look great (tired, sad, happy, bored, frustrated)

You're welcome

#### **Temporal Markers**

A little more often

A long time ago

About a week

All the time

Any minute now

Are we finished yet?

As fast as I can

As soon as possible

At lunch

Before dinner

Before I go

Before I go on

Before you go

Can I give you my final decision later?

Can you do it real quick?



Can't that wait for another time

Come back later

Didn't you do it yesterday?

Don't bother about that right now

Either today or tomorrow

For a while

For good

Get me up earlier

Give me a few minutes

How fast can you do it?

How Fast?

How long ago?

How long did it take?

How long do you think it will be?

How long does it take?

How long will it take?

How often can I get it?

How often do you do this?

I already did

I came early

I can't wait that long

I didn't get it done

I don't have time today

I haven't yet

I might check that out tomorrow

I remember the last time I did that

I still have the time

I still haven't eaten yet

I used to

I want it to be over

I want to hurry up

I was on time

If there is time

If time allows

I'll be right back

I'll be waiting

I'll do that now

I'll wait





I'm all done

I'm almost finished

I'm finished for tonight

I'm waiting for it

It doesn't seem fast enough

It happened again

It happens every so often

It is time to leave

It isn't the first time

It takes time

It took so long

It will be a while

It won't be forever

It's about time

It's busy all the time

It's time

It's time for the show

It's time to leave

Just for a short while

Just wait and find out

Late at night

Maybe later

Maybe tomorrow

Most of the time

No longer

Not anymore

Not now

Not quite yet

Now it is

Once again

Once in a blue moon

Once in a while

Once or twice

Over and over again

Please hurry up

Ready and waiting

Sooner or later

Take your time, have some patience





The last time

Then what after this?

There's not enough time

This weekend

Tomorrow morning

Too early for me

Wait a minute

Wait for the rest of them

Wait until tomorrow

We have to wait

We will do it tomorrow

We will get to it later

We will get to it tomorrow

What time am I going?

What time do you think?

What time is it?

What time tomorrow?

What time will you be home?

What time would I be done?

What time?

What took you so long?

When I feel like it

When I get done

When I want to

When I'm ready

When is it scheduled?

When it all took place

When will you be back?

When you are here

When you come back

When you get back

Why not do it right away?

You better hurry

You've got time

#### **Opinion/Perspective Phrases**





A little better

A rather refreshing outlook

Absolutely ridiculous

Boy am I glad!

Boy, that feels good!

Exceedingly good

He can do it

I am getting it

I blew it

I can't figure it out

I can't stand it

I did okay

I didn't mind

I didn't really want one

I disagree

I don't believe it

I don't care

I don't feel good

I don't feel like seeing anybody

I don't have any idea

I don't have much choice

I don't honestly even know what's wrong

I don't like it

I don't like it anymore

I don't like to

I don't really care

I don't really like it very well

I don't remember it being all that hard

I don't think that's right

I don't understand what's going on

I enjoyed myself

I feel sorry about that

I feel the same way about it

I get cranky

I get scared to death

I had a great day

I had a great time

I hate it





I honestly don't want to do it

I hope you're not disappointed

I like it better

I love it

I need it

I noticed it

I really feel bad

I really get off on it

I really like it

I really tried

I said I don't know

I think he (she) is kind of (cute, nice, mean, arrogant, etc.)

I think I did it wrong (right)

I think I didn't do it very well

I think I messed it up

I think I've had enough

I think that's bad

I think that's good

I think that's okay

I think that's right

I think this is pretty good

I was doing excellent

I was so disappointed

I was so glad

I'd like to do it

I'll get used to it

I'm concerned about it

I'm doing well

I'm embarrassed

I'm feeling a little better

I'm getting sick of it

I'm glad

I'm glad that it's done

I'm going to do the impossible

I'm just getting it from all sides

I'm nervous

I'm not anxious to take any .....

I'm not going to take it



I'm not mad at you

I'm really disappointed

I'm really having a hard time

I'm really worried about it

I'm so excited

I'm still not hungry

I'm too rushed

I'm very hot

I'm very sleepy

It doesn't make any difference

It feels good

It feels great

It frustrates me

It happens to be my favorite

It is absolutely ridiculous

It is different allright

It is just your imagination

It is very important

It shook me up no end

It sounds confusing

It sounds good

It sounds good to me

It still hurts

It suddenly becomes important

It was no good

It was wrong

It would be much easier

It's amazing

Its got me bothered now

It's not important

It's not my cup of tea

It's slightly obvious

It's so bad

It's such a hassle

It's too bad

It's weird

It's wonderful

I've had it



Just great

Just plain good

Kind of tired

Look out world, here I come

Makes me mad

Nobody seems to understand

Pretty ugly, huh?

That hurts

That is amazing

That isn't fair

That makes me laugh

That should be hard to do

That will be fun

That would be great

That's all right

That's difficult

That's easy

That's hard

That's logical

That's my problem

That's pretty good

That's what I like

That's why I feel the way I do

That's wonderful

Too much for me

What a jerk

What a turkey

When I am tired

You will love it

#### **Requests for Specific Information**

Am I right or wrong?

Any particular reason?

Anyone sitting here?

Are they any good?

Are we still going?

Are you alone?

Are you busy?





Are you comfortable?

Are you glad?

Are you listening to me?

Are you okay?

Are you ready?

Are you sick?

Are you working today?

Are you working tomorrow?

Can I ask a favor?

Can I take these with me?

Can we go to the movies?

Can we make plans for the weekend?

Can we plan our day for tomorrow?

Can we plan our day?

Can you bring me ....?

Can you hold this?

Can you listen to me, please look in my eyes?

Can you mail this letter (package) for me?

Can you take me to ....?

Could you repeat that?

Did it hurt?

Did you get my message?

Did you have a good weekend?

Didn't it come?

Do I have everything?

Do you agree?

Do you know where I am going?

Do you know where we are going?

Do you know why?

Do you like him (her, them, etc.)?

Do you think so?

Do you want me to?

Do you want that?

Does that make sense?

Have you ever had those?

How can I get a hold of you?

How did I do?

How did it go?



How did it turn out?

How do I know when.....?

How do you feel?

How do you know?

How is the weather?

How long will you be gone?

How long?

How much is it?

How much more is there?

How much will it cost?

How much?

How old are you?

How was your day at school (work)?

How was your weekend?

How will I ....?

How will you know?

How's that?

I want to know what it is

Is it okay?

Is she (he) coming?

Is that a yes or no?

Is that right?

Is there anything I can do?

Isn't that the right thing to do?

Isn't there any way?

Just answer my question

May I interrupt you?

Should I take it?

Show me

Tell me how much

Tell me what you are doing

That doesn't answer the question

Was there something else?

What about you?

What am I doing?

What are you doing this summer?

What are you doing?

What are you going to do next?





What are you going to do tonight?

What are you here for?

What are you looking for?

What are you talking about?

What are you trying to do?

What are you trying to say to me?

What are you waiting for?

What are your plans for ....

What caused it?

What could possibly happen?

What did he (she) think about that?

What did it say?

What did she (he) say?

What did you come with?

What did you do last night?

What did you do on the weekend?

What did you do this morning (afternoon, etc)?

What did you make (do) at school today?

What do I do now?

What do you have to do?

What do you think I said?

What do you think of it?

What do you want to do?

What do you want?

What does it matter?

What does that mean?

What else is on?

What happened at school today?

What happened this time?

What happened to you?

What happened?

What happens afterwards?

What have you been doing?

What is it?

What is next?

What is that?

What is the definition of ....?

What is the next plan?





What is wrong?

What is your schedule?

What kind is it?

What kind of shows are on?

What then?

What time is it?

What was he (she) doing?

What were they?

What's for lunch (breakfast, dinner)?

What's going on in your world?

What's going on there?

What's going on?

What's happening now?

What's next?

What's on your agenda for today?

What's so funny?

What's that doing in here?

What's that?

What's the score?

What's this one for?

When do we eat?

When do we go?

When was the last time that happened?

When will I see you next?

Where are they?

Where are you going?

Where are you sitting?

Where can I get it?

Where did I get this?

Where did that come from?

Where do I go?

Where is ....?

Where is everyone?

Where is it?

Where is the restroom?

Where were you?

Which one is it?

Who are you looking for?





Who called?

Who was that?

Who's coming?

Whose is that?

Why are you concerned?

Why are you here?

Why did he (she, you, etc.) go there?

Why did they go to all that trouble?

Why did you get so many?

Why don't you go?

Why won't you be there?

Why, what do you mean?

Will I be able to get another one?

Will I see you next?

Will it hurt?

Will you be there?

Will you call them?

Will you prepare dinner?

Would anyone like to play a game?

Would you get the mail?

Would you start the shower?

Would you unload the groceries from the car?

Would you unpack the groceries?

Would you?

You don't mind?

You know what I think?

You really believe that?

#### **Generic Request Phrases**

Accept my decision

Are you coming?

Are you doing anything special this weekend?

Are you excited?

As careful as you can

Be careful

Be very, very careful

Bring that over here

Can I ask a favor?





Can I do this?

Can I get a new one?

Can I try one?

Can I use it?

Check if it's right

Could I have some?

Did you have a good weekend?

Do it

Do you have the time to play?

Do you mind?

Don't complain

Don't do that again

Don't mess with it

Drive carefully

Give me that, please

Go back to bed

Grab one of those

Guess what I want?

Have you been there?

Have you heard anything?

Help me out

How about it?

How do you feel about that?

How many more?

How would you feel?

I need help now

I need it

I wonder if I could get a new one?

I would like you to see ....

I'd like to see it

I'll show you what I want

Let me

Let me go

Let me see it

Let's do it

Let's go

Let's play

Listen to that





Please find out

Please get me some

Please get out of here

So why don't we do that?

Someone help me

Tell me about your day

Tell me about your family

This is a request

Turn it over

Watch out

We have to stop

We ought to try that

What do you think about that?

What's happening with you?

What's new?

When you find out, let me know

When?

Where?

Why don't we do that?

Why don't you give it to me?

Why don't you put that away?

Why?

Will you do me a favor?

Would you come?

Would you do it?

You could help a little

You'd better come

#### **Conversation Control Phrases**

All I'm trying to say is

As I was saying

Boy am I glad you called

But guess what

Can I talk to you?

Change the subject

Come right back please

Could you repeat what you said?

Did you understand?





Didn't you know that?

Do you know what he did?

Do you understand what I mean?

Explain that to me

Guess what I've got?

Guess what?

Haven't I met you before?

Help me understand that

How about you?

How are things going for you?

How come?

I changed my mind

I don't understand what happened

I don't understand your question

I don't want to interrupt

I forgot to mention

I have a great idea

I have news

I have something to say about that

I have to go

I just remembered

I know why

I need to explain

I really like to talk about it

I should explain

I want to go on a date

I want to know

I want to show you something

I want to talk to you about ....

I was just curious

I was just wondering

I was saying

I will see you

I'd better get going

I'd better go

I'll have to think of a few more questions

I'll let you know

I'll see you around





I'm curious about

I'm really glad you dropped by

Is it a deal?

Is that okay?

I've got an idea

Just one comment

Just one more thing

Let me answer

Let me tell you about it

Let me tell you what I did

Let me tell you why

Let me tell you why I was upset

Let's do it again

Let's do it another time

Let's see now

Let's try that again

Listen to me

May I say something?

Over and out

Please don't interrupt

Please let me finish

Please wait until I finish what I am trying to say

See you later

Tell me about it

Tell me what you think I said

Thanks for telling me

That's all I have to say

That's all that's happening

There was something else I was going to ask you

What are you going to do today?

What are you talking about?

What are you trying to tell me?

What did she say?

What do you think about that?

What do you think?

What is it now?

What were you about to tell me?

What?





What's up?

What's wrong?

Will I see you later?

Would you mind if I talk while you are interrupting?

You are not going to believe this

You don't have to go

You know something?

You know what I think?

You know what, I don't understand?

#### **Social Amenities**

Anything I can do?

Anything's possible

Are you crazy?

Are you serious?

Are you sure you don't mind?

As far as I'm concerned

As much as I can

As usual

Beats me

Believe me, it is

Blows that theory to hell

Boy, do I ever know

Can I help?

Can you beat that?

Come to think about it

Could be better

Don't encourage him (her)

Don't make me laugh

Don't mess me up

Don't worry about it

Easy for you to say

Excuse me

For all I know

Forget about it

Hey good looking

Hi, how are things going?

How are you?





How dare you?

How do you feel?

I didn't mean it

I didn't mean to

I don't mean to cause trouble

I goofed

I hope you feel better

I missed you

I think you're wonderful

I want to thank you

I was just kidding

I was only joking

If you don't mind

I'm glad you're here

I'm sorry

It's good to see you

Loosen up

Much obliged

Pardon me

Please sit down

Pretty please

Sorry to keep popping off

Thank you anyway

Thank you very much

Thanks a lot

Thanks a lot, it really helps

Thank for the ride

That helped tremendously

Wish me luck

You helped a lot

You're so nice

#### **Generic Responses Phrases**

A little more

A lot of fun

Absolutely ridiculous

At least it isn't any worse

Change the subject please





Could be better

Get out of here

Give me a break

Give me some

Good idea

Have a heart

He doesn't do anything

He doesn't know anything

He just took off

He sounds really nice

Help yourself

Here's another thing

Hey good looking

Hey man, you've got a lot of guts

Hi, how are things going?

Honest to goodness

How about that?

How are you?

How could I be mad at you?

How dare you?

How did you know?

How do they know?

How do you feel?

I always do

I am getting along

I am getting along

I am sorry to hear that

I believe it

I can handle it

I can't

I can't answer

I can't believe it

I can't figure that out

I can't help it

I can't remember

I can't remember anything else

I can't tell

I can't think of anything





I can't understand

I certainly did

I certainly don't mind

I could probably do better

I didn't know

I didn't know that

I didn't mean it

I didn't mean to

I didn't realize that

I didn't say anything

I didn't say it was true

I do not have any idea

I don't doubt that

I don't have much choice

I don't have them

I don't have time today

I don't know

I don't know how

I don't know what it is

I don't know which one

I don't know who did it

I don't know yet

I don't mean like that

I don't mean to cause trouble

I don't need it

I don't need it anymore

I don't really know how

I don't really need it

I don't really remember

I don't remember

I don't see him (her, them, etc.) anymore

I don't think so

I don't think they care

I don't think you've met him (her, them, etc.)

I don't understand

I don't understand it either

I don't want anything

I don't want it



I don't want that

I don't want to

I doubt it

I feel like it

I forgot

I forgot about that

I found it

I gave my final word

I go to work

I goofed

I greatly appreciate that

I guarantee it

I guess

I guess not

I guess so

I had a real busy day

I hadn't thought about it

I have no idea

I have noticed that

I haven't yet

I haven't noticed any difference

I hear you

I heard from ....

I hope it is

I hope you feel better

I just don't feel like it

I just don't think that's true

I just wanted to find out

I Know

I know it

I know it's important

I know that

I know what you mean

I know, I don't need to be reminded

I like that

I might as well

I missed you

I need more information





I probably won't

I promise

I really do

I really feel I can't do it

I really think it's ....

I really think it's long enough

I really tried

I really try

I said I don't know

I said I was

I still have to

I suppose so

I sure hope so

I think I am ready to go

I think I did it wrong (right)

I think it's wrong

I think it's only fair

I think not

I think so, too

I think that is unnecessary

I think we ought to do that

I think you're right

I think you're wonderful

I thought I was through

I thought it would be good for me

I thought so

I thought you were going to

I told you

I told you I don't know

I trust you

**I** understand

I understand that

I want one

I want to go with you (him, her, them, etc.)

I want to thank you

I was going to

I was just kidding

I was only joking



I was only kidding

I was supposed to

I was trying to tell you

I wasn't sure

I will

I will not

I will still need it

I will try harder

I wish I knew what happened

I wish them luck

I won

I wonder

I won't do that

I won't guarantee anything

I won't let him

I worry about that

I would do something like that

I wouldn't know about it

I'd check

I'd love to

If I could, I would

If you don't mind

If you want to

I'll ask him (her)

I'll check

I'll come back

I'll deal with it

I'll decide later

I'll keep an eye on that for you

I'll plan on it

I'll try

I'm afraid I can't change that

I'm afraid so

I'm disappointed

I'm doing all right

I'm doing it anyway

I'm doing well, thank you

I'm finished



I'm finished for tonight

I'm game for trying that

I'm getting kind of tired

I'm glad you're here

I'm going home

I'm just making a comment

I'm not a child

I'm not even sure I want the answers

I'm not going anywhere

I'm not talking about that

I'm not trying to put it off

I'm not worried about it

I'm okay

I'm probably going to be sorry

I'm probably not going to go out

I'm sorry

I'm sorry to hear that

I'm still thinking about it

I'm supposed to

I'm supposed to have

I'm sure

I'm sure he'd (she'd they'd you'd, etc.) know better

In a while

Is there any doubt

Is there something wrong with that?

It certainly did

It could have been

It depends

It didn't turn out that way

It doesn't matter

It doesn't matter, I guess

It has to be

It is important to me

It is not that important

It just seems to always happen like that

It just wasn't very exciting

It makes me very nervous

It might work



It might work out

It really helps

It was so good (bad)

It would be easier for you

It's up to you

It's all right

It's almost over

It's completely different

It's different all right

It's going to be so much

It's good to see you

It's got nothing to do with it

It's just your imagination

It's my friend

It's not that important

It's ridiculous

It's terrible

It's the truth

I've been told

I've got no idea

I've had the same kind of trouble

I've heard of that

I've never heard of it

Just fine

Just looking

Kiss my grits

Let's not go into that

Let's not take it to extreme limits

Let's stop somewhere and eat something

Let's try again

Let's try it

Looks like it

Loosen up

Makes you wonder

Maybe I'll do that

Maybe they do

Maybe, maybe not

Much obliged



Never mind

No I'm not

No joke

No way

Nobody told me that

Not much at all

Not usually, but in this case

Not very good today

Not very good today

Nothing wrong with that

Of course

Of course I do

Oh darn

Oh my God

Okay gorgeous

One more minute

One never knows

Pardon me

Please sit down

Please stop nagging

Poor thing

Pretty please

Really

She didn't give me that impression

So is mine

So that's the way it is?

So what?

Something like that

Sorry to keep popping off

Sure I am

Thank God

Thank the Lord for small favors

Thank you anyway

Thank you very much

Thanks a lot

Thanks a lot, it really helps

That depends

That didn't work



That does the trick

That helped tremendously

That is interesting

That makes me mad

That surprises me

That was fun

That was nice of him (her, them, etc.)

That won't make a difference

That would be a big help

That would be great (awful)

That's a big deal

That's a deal

That's all

That's all I know

That's an idea

That's better

That's enough

That's exactly it

That's fine

That's good

That's got nothing to do with it

That's gross

That's it

That's just great

That's kind of exciting

That's kind of unusual

That's kind of upsetting

That's my choice

That's my problem

That's not right

That's not the way it works

That's okay

That's right

That's the last resort

That's the truth

That's the way it should be

That's the way it's always been

That's what I said





That's why

That's why I was in there

There is nothing I can do about it

There used to be

There was something else

There you are

There's got to be a better way

There's got to be another way

There's no more

There's no way in the world

There's nothing I can do about it

There's nothing more

They do the strangest things

They told me that

They usually do

They won't

This is anticipated

This is different

This is great

This thing

Unfortunately, yes

Want to bet?

Well it sure feels like it

Well it sure looks like it

Well, anything is possible

Well, I wouldn't know about that

What an idea

What can I do?

What else am I going to do?

What luck

What other choice do I have?

Why not?

Wish me luck

Yes you can

Yes, I can

Yes, I can do that

Yes, I was

You are kidding



You bet your britches

You better believe it

You better come

You better not

You can come up with something better

You can do it

You can give it to me

You can say that again

You can try but I doubt it

You could not possibly understand

You go ahead

You have a good day

You have to wait

You helped a lot

You know how it goes

You know how it works

You know that

You know they do

You know what I mean

You know what I think

You know what it takes

You never know

You said you'd try

You should have told me

You shouldn't have

You think so?

You wanna bet?

You work a lot

You're coming right back

You're doing the right thing

You're not going to believe this

You're not supposed to

You're so nice

You've done everything

You've got time

You've got to be kidding

You've got to be nuts

You've helped a lot



#### Nourishment/Food

Are you hungry?

Can I have a glass of water?

Can I have a spoon (knife, fork)

Can I have some chicken?

Can I have some chips and dip?

Can I have some mayonnaise (mustard) on my sandwich?

Can I have some more please?

Can I have some pickles?

Can I have something else?

Can I munch on some nuts?

Can you cut the food for me?

Can you help me with my breakfast (lunch, dinner, snack, etc.)?

Can you save this for another time?

Do we have any chips?

Do you have any chocolate?

I am full

I am not hungry

I am not hungry anymore

I am not hungry at all

I am so hungry

I am starving

I can't eat .....I am allergic to it

I can't eat another bite

I could eat this every day

I don't eat meat

I don't like this

I don't think I want any more

I don't want a snack

I don't want any dessert

I don't want anymore

I don't want eggs

I don't want to eat breakfast now

I don't want to eat dinner now

I don't want to eat lunch now

I feel like eating something salty

I feel like eating something sweet





I hate to eat ....

I love to eat ....

I need a napkin

I need something to drink

I never want to eat that again

I only eat vegetables

I really don't like this at all

I think this tastes so good

I want to eat now

I will be ready to eat in a little while

I would like a candy bar

I would like a cookie

I would like a few cherries

I would like a piece of cake

I would like a salad

I would like some ice cream

I would like some more

I would like some pretzels

I would like to eat a steak

I would like to eat some fish

I would like to eat some potatoes

I would like to have a banana

I would like to have a pear

I would like to have a piece of fruit

I would like to have a snack

I would like to have a soda

I would like to have an apple

I would like to have an iced tea (with lemon)

I would like to have an orange

I would like to have dessert later

I would like to have some blueberries

I would like to have some dessert now

I would like to have some raisins

I would like to have some soup

I would like to have some yogurt and berries

I would like to have vegetables with my dinner

I would rather eat .....

I'd like my eggs, fried (scrambled, poached)





I'd like to have some noodles

I'd like to have some oatmeal (with brown sugar and fruit)

I'd like to have some pasta

I'd like to have some toast (with jam/jelly)

I'd like a bowl of cereal

I'd like a bowl of soup

I'd like some cheese on my sandwich

I'd like to eat breakfast now (soon)

I'd like to eat dinner soon

I'd like to eat lunch now

I'd like to eat lunch soon

I'd like to have a bagel (toasted) with butter (cream cheese)

I'd like to have a cup of coffee (with milk and sweetener)

I'd like to have a cup of hot chocolate

I'd like to have a cup of tea (with milk and sweetener, lemon)

I'd like to have a glass of juice

I'd like to have a glass of milk

I'd like to have a hamburger with fries

I'd like to have a hot dog

I'd like to have a peanut butter and jelly sandwich

I'd like to have a salad

I'd like to have a sandwich

I'd like to have an English muffin

I'd like to have an omelet

I'd like to have dinner now

I'd like to have French toast

I'd like to have lettuce and tomato on my sandwich

I'd like to have pancakes (waffles) with syrup

I'd like to have some fresh fruit

I'd like to have some onions on my sandwich

I'd like to have some pizza

I'd like tuna fish

I'll finish this later, I'm full

I'm going to eat

I'm hungry for some breakfast

Is there any pie?

Please make this again

Thank you for making that for me



This is a bit too hot

This is delicious

What can I have to eat this morning?

What kind of cookies do you have?

What's for breakfast?

What's for dinner?

What's for lunch?

Would you like something to drink (eat, snack)?

You always make the things I like to eat

#### Likes/Dislikes

I don't like this music

I don't like to go there

I don't like him (her, them)

I don't like that place

I don't like that restaurant

I don't like that with my food

I don't like this food

I have always liked that place

I like a lot of different sports

I like her (him, them)

I like ice cream

I like that place

I like to do it

I like to go on car rides

I like to go there

I like to go to the movies

I like to have company come to visit

I like to listen to music

I like to listen to my IPOD

I like to look at the sunset

I like to see the waves in the ocean

I like to watch sports on TV

I like to watch the cooking shows on TV

I like to watch TV

I never liked that

I never liked them (her, him)

I really like chocolate





I really like to eat pizza
I would like to go for a walk
I'd like to listen to a book on tape
I'd like to read a book (magazine)
I'd like to talk about it
I've always liked that
I've always liked them (her, him)

#### **Appreciation**

Do you know how much I appreciate all you do?

I am lucky to have you in my life

I am so grateful for all you have done for me

I am so happy to have you as a friend

I am so grateful for all the prayers, thought and support I have received, it's really helped

I appreciate your friendship

I could never have done this without your help and support

I hope you know how much I appreciate you

I hope you know how much you mean to me

I love you

I thank you for everything

I'm so grateful to have you in my life

I'm thankful for all you do for me

It's good to hear your voice

Thank you for being such a good friend

Thank you for helping me

Thank you for just being you

Thank you for your good wishes

Thank you for your thoughtfulness

Thank you for being such a good friend

Thanks for everything

Thanks for your help

That's awfully generous of you

You are such a good person to help me

You are the best partner

Your friendship means so much to me

Your help means so much to me

Your support means so much to me





#### **Expressions of Love**

Do I tell you often enough how much I love you?

Do you know how much I love you?

I am so proud of you

I love you

I love you more than I can say

I miss holding you

I miss talking to you

I miss the rhythm of conversation

I need you

I want to be together forever

I want to share the rest of my life with you

I will always be with you

I will always be in your heart

I'm glad you're in my life

It's so easy to love you

I've been meaning to tell you how much I love you

Let's remember to be here for each other

We are so good together

What more could I have ever wanted than you?

You are all I could have asked for

You are an amazing (wife, mother, child, sister, brother, mom, dad, etc.)

You are everything I've ever wanted

You are my best friend

You are my soul mate

You are the best

You are the greatest kids in the world

You are the most special person

You make me so happy

You make my life better

You mean so much to me

### **Conversing About ALS**

ALS affects the body, it does not affect the mind ALS sucks
Fuck ALS





Fuck Lou Gehrig

Having this disease has made me ...

I am determined to ...

I can hear and understand everything that you are saying

I can't believe this is happening to me

I can't stand this

I can't think about ....

I don't want to lose my dignity

I fear the loss of....

I feel frightened sometimes

I hate this life

I have ALS/Lou Gehrig's disease and I have trouble speaking

I use this machine to communicate

I wish I didn't have to go through this

I worry about ...

I'm having a great day

I'm having a very bad day

It makes me really mad that ....

It's hardly fair

One good thing about this disease is ....

Please tell me if you can't understand what I am trying to say

Sometimes I feel no one can understand what it feels like to go through this

Sometimes I just need to feel sorry for myself

Sometimes I just want to scream

This illness can really get you down

You can't imagine how difficult this can be

#### **Health and Safety**

This is an emergency!

Get help now!

I need suction

Can you help me

I need help now

#### **Family and Close Friends' Names**





#### Compassion

Don't be annoyed with me How could I be mad at you? I am here for you I am really sorry

I am sorry

I feel terrible that you are so unhappy

I hope everything turns out okay

I hope everything works out

I wish I could change things for you

I wish I could help you

I wish I could make it easier

I wish I could make things better for you

I wish you well

I would like to help if I can

I'm really sorry to hear that

I'm really sorry to put you through this

I'm sorry I'm not able to help you more

I'm sorry you are having a bad day

I'm sorry you don't feel well

I'm sorry you have to go through this with me

It didn't seem like it went well, sorry

Please don't be mad at me

Try not to be so sad

#### **Environmental/Elements**

Another gorgeous day

Let's go outside

Another rainy day

Another snowy day

Can you make it cooler in here?

Can you make it warmer in here?

Can you open the door to let the breeze in?

I hope it doesn't snow (rain)

It looks like a blizzard

It's beautiful outside

It's bright and sunny outside





It's cloudy

It's cold in here

It's dark in here

It's drizzling

It's hot and humid today

It's hot in here

It's nice and cool

It's pouring cats and dogs

It's raining

It's raining (snowing sunny, cloudy, foggy) out right now

It's slippery outside

It's snowing

It's so cold

It's so windy

It's too bright in here

It's too cold to go out

It's too nice to be inside

It's very hot

It's very humid

Let's just stay inside today

Please open the window and get some air in here

The moon is so bright

The stars are twinkling

The sun is shining

The weather is beautiful today

There is no rain (snow, etc.) in the forecast

There's a full moon tonight

There's no humidity in the air

What a beautiful day

What's the weather like today?

### Occasions/Holidays/Celebrations

Bon voyage

Congratulations on your graduation

Congratulations on the birth of your baby

Congratulations on your engagement

Congratulations on your wedding

Enjoy the party





Enjoy your vacation

Good luck

Happy anniversary

Happy birthday

Happy Chanukah

Happy New Year

Have a great trip

Have a safe trip

Have fun at the party

I am having the best time

I am so happy to be a part of today

I haven't had this much fun in a long time

I hope I can celebrate many more with you

I hope you celebrate many more

I'm glad I could be a part of the celebration

It's good to be here

It's great for all of us to be together to celebrate

Merry Christmas

This is a great party

#### **Personal Care/Needs**

Can I have a backrub?

Can I have a spritz of perfume/cologne?

Can I have a tissue?

Can you bring me my IPOD (IPAD, laptop, etc.)?

Can you dry my hair?

Can you get me pillow?

Can you help me .....

Can you help me get dressed?

Can you help me get dried off?

Can you help me get ready for bed?

Can you help me put on some makeup?

Can you help me set up my IPAD?

Can you play a DVD?

Can you please comb my hair?

Can you take out my contact lenses?

Can you turn on the TV?

I need a blanket





I need a pillow

I need a shower

I need a tissue

I need help moving this ....

I need help putting on my shoes

I need my glasses

I need my hair to be easy to care for

I need some soap in the shower

I need some toothpaste

I need to blow my nose

I need to care for feminine issues, can you help me?

I need to lay down

I need to relax

I need to shave

I need to shave my legs

I need to use the bathroom

I need your help picking that up

I want to get my eyebrows waxed

I want to take a bath

I want to take a shower

I want to try a new(different) haircut

I want to use the laptop

I want to watch the news

I would like to brush my teeth

I would like to comb my hair

I would like to get a manicure(pedicure)

I would like to listen to some music

I would like to listen to the IPOD

I would like to put on my pajamas

I would like to use some mouthwash

I would like to wash my hair

I've had a problem, can you help me get cleaned up?

My feet are cold, can I have my slippers (socks, etc.)

Please cut my fingernails (toenails)

Please get me my case

Please get me my handbag

Please help me wash my face

Please help me wash my hands





Please use conditioner to take out the tangles in my hair

#### **Self Determination**

Accept my decision

All I am trying to say is ....

Change the subject, please

Do it

Don't do that again

Explain that to me

Get the hell away from me

Give me that, please

How will I ...

I am doing it

I can handle it

I can't move but I am alive

I don't want that

I don't want that treatment

I gave my final word

I have something to say about that

I have the choice

I know, I don't need to be reminded

I really feel I can do it

I refuse that treatment

I think it's long enough

I want to do it

I want to know what it is

I want to talk about....

I won't guarantee anything

I would have to question that idea

I would really like to discuss that further

If I could, I would

I'll deal with it

I'll let you know

I'm as crazy as I was before

I'm as sane as I was before

I'm doing the impossible

I'm doing well

I'm finished





I'm not a child

I'm not contagious

I'm not going to take it

I'm still here you sons of bitches

I'm too rushed

It feels great to ...

It is important to me

It suddenly becomes important

It's absolutely ridiculous

It's my choice

It's my decision to make

It's up to me

I've had it

Just tell the truth

Look out world, here I come

No I won't

No I'm not

Please don't interrupt

Please don't touch me

Please get out of here

Please keep in mind I am a human being

Please keep in mind I am a person

Please keep in mind I was very healthy just a short time ago

Please let me finish, don't anticipate

Please remove that

Please stop

Please stop nagging

Please wait until I finish what I am trying to say

Should I be concerned?

Take that away

Take that away from me

That is not fair

That makes me mad

That's my problem

That's all I have to say

That's my choice

That's my problem

That's not the way it works





That's too much for me

That's what I like

That's what I said

That's why I feel the way I do

We have to stop

What are my choices?

What can I do?

What is next?

Yes, I can do that

You bet your britches

You can come up with something better

You could not possibly understand

#### Suggestions/Initiations

Can you think of something I can do to keep busy?

Do you need me to help you?

Do you need my help to explain this?

Do you want me to help you with your homework?

Do you want me to take care of that?

Do you want to go with me to the doctor's appointment?

Do you want to visit your relatives?

Does anyone want to go for a walk?

Does anyone want to go to the beach?

How about if we just stay inside?

How about if we light a fire in the fireplace?

How can I help you?

How would you like to celebrate our anniversary?

I could use your input

I'd be happy to .....

Should I make that phone call?

What can we do to make your day more special?

What do you think we should do?

What should we do for your birthday?

Where would you like to go for dinner?

Would anyone like to play a game?

Would you be willing to try to go on a vacation?

Would you like me to help prepare breakfast (lunch, dinner, etc.)?

Would you like to get tickets for the .....?





Would you like to go out for breakfast (lunch, dinner)?

Would you like to go outside?

Would you like to go somewhere overnight?

Would you like to go to see a show?

Would you like to take a road trip?

Would you like to try the new restaurant?

Would you like to watch some TV (a movie)?

#### **Family Routines**

Are you getting ready for bed?

Are you going to prepare dinner?

Are you picking up the kids?

Can you take out the garbage?

Can you bring in the mail?

Can you fill up the car with gas?

Can you get the newspaper from outside?

Can you make a pot of coffee?

Did you bring the clothes to the cleaners?

Did you do the laundry?

Did you pack your lunch?

Did you put your clothes away?

Did you start (finish) your homework?

Did you straighten up your room?

Don't forget to set your alarm

Hurry up and eat your breakfast or you'll be late

Hurry up, you'll miss the bus

Please set the table

Who is going to do the grocery shopping?

Whose turn is it to feed the cat (dog)

Whose turn is it to walk the dog?

Whose turn is it to wash the dishes?

I can make everyone's lunch for tomorrow

I can fold the laundry

### **Modifying Other's Behavior**

Don't complain

Don't do that again





Don't make me laugh

Don't mess me up

Stop that

Stop talking

Stop what you are doing

Put that down

Change the subject

Don't mess with that

Stop fidgeting

### **Agreement/Disagreement Phrases**

Absolutely not

Certainly

Do you really think so?

How do you know?

I agree

I agree with you

I believe what you are saying

I couldn't agree more

I don't agree with you

I don't believe you

I don't doubt that

I don't think so

I don't think what you are saying is correct

I doubt that

I think you are right

I think you are wrong

I'm not so sure

I'm sure that's right

No way!

Not a chance that's correct

Perfectly said

That's a possibility

That's correct

That's incorrect

That's not true

That's right

That's true





That's wrong
Who said so?
Yes, I agree
You are incorrect
You are right
You are right about that
You are wrong
You are wrong about that
You couldn't be further from the truth
You missed the boat
You're kidding
You've got that right

### Additional recordings completed by people with ALS:

- singing songs including 'happy birthday'
- laughing
- making silly noises or voices for which one is known
- declaratives such as: ah ha, hmmm (with varied intonations), uh ah, etc.



